



Promoted for and on behalf of Cycling Time Trials
under their rules & regulations

Wednesday 31st July 7.00pm

Friction Hydraulics Series Round 14

HQ: Berriew Community Centre SY21 8BA (B4385) Please park considerately

Timekeeper: Mr Des Pugh Hafren CC

Timekeeper's Asst: Mr Rob Bassom Oswestry Paragon CC

Event Secretary: Mike Holwill, New Cwm Farm, Felindre, Knighton, Powys LD7 1YT.

COURSE D310/1

Start in lay-by on A483 south west of Welshpool (near Lazy Leek café), proceed north-east 3.15 miles to Bryn Sarn RAB, take 2nd exit to Station RAB, encircle and retrace, to Bryn Sarn RAB 2nd exit. Finish at grid opposite Northwood Motor Company

In the interests of safety Cycling Time Trials and the event promoters strongly advise you to wear a Hard Shell Helmet that meets internationally accepted safety standards. In accordance with Regulation 15 all Junior riders **MUST** wear such helmets.

It is also recommended that a working rear light, either flashing or constant is fitted to the machine in a position visible to other road users and is active whilst the machine is in use.

Riders please be aware:

No U-Turns in the vicinity of the start area please

1 st Male	£18.00	1st Veteran on Standard	£14.00
2 nd Male	£14.00	2 nd Veteran on Standard	£12.00
3 rd Male	£10.00	3 rd Veteran on Standard	£10.00
1 st Female	£18.00		
2 nd Female	£14.00		
3 rd Female	£10.00	Fastest Junior	£14.00

Only one prize per rider